

ARROWHEAD REGIONAL MEDICAL CENTER



DESCRIPTION OF MAJOR SERVICES

Arrowhead Regional Medical Center (ARMC) is a 456-bed university-affiliated teaching hospital licensed by the State of California Department of Public Health and operated by the County of San Bernardino. The hospital, located on a 70-acre campus in Colton, California, operates a regional burn center, a primary stroke center, a level II trauma center, a behavioral health center located on the hospital campus, four primary care centers including three family health centers, and provides more than 40 outpatient specialty care services.

PRIMARY CARE CLINICS

The Primary Care Clinics offer comprehensive primary care medical services to individuals and families in Rialto (Arrowhead Family Health Center - Westside), San Bernardino (Arrowhead Family Health Center - McKee), Fontana (Arrowhead Family Health Center - Fontana), Redlands (Arrowhead Family Health Center - Redlands), and Colton (ARMC Primary Care Clinic in the Medical Office Building).

WOMEN'S AND CHILDREN'S HEALTH SERVICES

ARMC offers comprehensive care for women and children in a caring environment supporting the total family experience. Designated as a Baby-Friendly hospital, ARMC supports the global effort aimed at improving the role of maternity services in encouraging mothers to breastfeed babies for the best start in life. ARMC's postpartum amenities include a remodeled mother-baby unit featuring state-of-the-art private suites for postpartum care.

OUTPATIENT AND SPECIALTY SERVICES

- Blood Gas Laboratory
- Burn Clinic
- Cardiology (interventional and cardiac rehab)
- Chest Clinic and Neurodiagnostics
- Coumadin Clinic
- Diabetes Clinic
- Dialysis Center
- Endocrinology Clinic
- Gastroenterology Lab
- Hepatology
- Infusion Therapy
- Lipid Clinic
- Neurology
- Oncology Services
- Ophthalmology
- Orthopedics (adult and pediatric clinics)
- Otolaryngology (ENT) and Oral, Maxillofacial Surgery
- Pain Management Clinic
- Pediatrics Clinic
- Podiatry
- Pulmonary Function
- Rehabilitation Services
- Renal
- Respiratory Care Services
- Rheumatology
- Surgical Services (General Surgery, Neurosurgery, Plastic Surgery)
- Urology Clinic
- Vascular Clinic
- Women's Health Services
- Wound Care Center (Hyperbaric Oxygen Therapy)



EMERGENCY DEPARTMENT

ARMC's Emergency Department, with more than 116,000 patient visits each year, includes a helicopter landing area outside of the Emergency Department that can accommodate both standard medical evacuation helicopters and military helicopters. The Emergency Department provides acute, emergent, and urgent treatment for patients who visit the department.

TRAUMA CENTER

ARMC's trauma center treats the most seriously injured patients and is one of the region's busiest for adult trauma care. It is the only Trauma Center in San Bernardino County verified by the American College of Surgeons.

PRIMARY STROKE CENTER

One of the first in the region, ARMC's Primary Stroke Center is verified by the Healthcare Facilities Accreditation Program (HFAP), and provides the latest treatment advances for stroke.

CASE MANAGEMENT

Case managers work with a multidisciplinary team to provide comprehensive, on-going coordination of services for patients who may have multiple discharge planning needs.

LABORATORY SERVICES

The full-service ARMC Pathology, Clinical Laboratory and Blood Gas Laboratory are accredited by the State of California and the College of American Pathologists (CAP). Services include the disciplines of blood bank, chemistry, coagulation, hematology, microbiology, serology and urinalysis. State-of-the art instrumentation in hematology and chemistry help the lab conduct nearly two million tests each year. The lab's blood bank provides blood and blood products to patients in ARMC's busy emergency department and trauma center. The lab also has a medical technology school that educates and trains laboratory interns which qualifies them for national certification and state licensure as a clinical laboratory scientist.

COMMUNITY OUTREACH PROGRAMS

ARMC offers health education seminars and hosts a variety of support groups. A yearly 5K Walk/Run, Breathmobiles (asthma education and screening), and a Mobile Medical Clinic, provide education and resources throughout our County.

EDWARD G. HIRSCHMAN BURN CENTER

Located on the second floor of ARMC, the center provides complete burn care to patients of all ages and serves four counties: Inyo, San Bernardino, Riverside and Mono. Dedicated and caring, the burn center's multidisciplinary team includes specialized nurses; general surgeons and plastic surgeons; case managers; social workers; respiratory, occupational

and physical therapists; dietitians; pharmacists and chaplains. The center offers an outpatient clinic to address the needs of patients who have been discharged from the hospital. The center also provides burn prevention education for the public and training for paramedics, occupational and physical therapists and nursing students.

GRADUATE MEDICAL EDUCATION

ARMC is the principal clinical site for multiple medical residency programs, some accredited through the Accreditation Council for Graduate Medical Education (ACGME), and others accredited by the American Osteopathic Association (AOA). Specialty programs include: emergency medicine; family medicine; internal medicine; surgery; OB-GYN; psychiatry; and ophthalmology. Maternal-fetal medicine and pulmonary critical care fellowships are also offered. Residents have access to an on-site library.

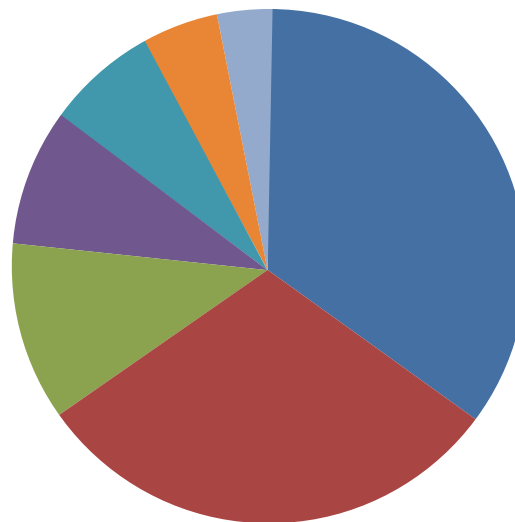
PATIENT AND FAMILY SUPPORT SERVICES

Our dedicated team of Master's-trained clinical social workers provides counseling to help patients and families manage life changes associated with major illness and hospitalization. They provide crisis intervention, support, and brief, solution-focused clinical interventions. Our social workers also provide psychoeducation, linkages to community resources, and facilitate therapeutic support groups to address the emotional needs of our patients and caregivers.

ARMC Service Area

The County of San Bernardino (20,000-plus square miles)

Payor Mix



- Medi-Cal Managed Care
- Medi-Cal Fee-for-Service
- Medicare Fee-for-Service
- Medicare HMO
- Commercial Insurance
- Other
- Self-Pay